



TripleEDGE Lacrosse 2nd Annual ICE BREAKER Tournament

Please **PRINT and READ** this entire letter for important information and rules

Welcome to the 2007 TripleEDGE ICE BREAKER Lacrosse Tournament. Thirty-Six teams will be playing in the event. Thank you to all the Coaches, Parents, and Players who have made this event possible. We are looking forward to a great weekend of lacrosse.

This confirmation package is for registered players ONLY - If you are not registered please do so.

We are very pleased to be playing at the state of the art Old Redskins Park (Word of Grace Complex). The facility has two synthetic grass fields with lights.

The MASTER SCHEDULE and Directions to Old Redskins Park (Word of Grace) are posted on our website at www.TripleEDGEIax.com Review your schedule very closely.

ONLY REGISTERED PLAYERS MAY PARTICIPATE IN THIS EVENT - NO EXCEPTIONS!!

This tournament will serve as the on field certification for new PLOA officials. There will be a senior (mentor) referee and a PLOA observer/evaluator on each field. Parents and coaches please be supportive and patient with all officials. ALL games will be supervised by TripleEDGE adult field supervisors. If you have any comments or concerns, please speak to a TripleEDGE field supervisor.

It is very important that you arrive **at least 30 minutes early** for your first game. There will be a check-in area where ALL players MUST check-in. Your team will be briefed on the days events and review the tournament rules of play. Throughout the tournament, PLEASE be dressed (with all of your equipment on) at the proper field at least 15 minutes before your game time. ALL games WILL start and end on time.

- **Equipment:** All Players must provide and wear their own equipment.
TripleEDGE DOES NOT rent equipment for league or tournament play
All personal equipment rules are in effect for the ICE BREAKER Tournament, including, a NOCSAE approved helmet with 4point chinstrap, shoulder pads, arm pads, gloves, athletic supporter with protective cup and a MOUTHPIECE. Check your equipment BEFORE you leave for your games. (We will provide goalie equipment; chest protector, throat guard, and goalie stick if needed).
Referees and field staff will not allow you to play without all of the above equipment.
- **Shoes:** Players may wear football or soccer (all purpose) cleats or tennis shoes. The fields are state-of-the-art "pro-turf" artificial grass and play much like real grass. We recommend you bring both types of shoes and wear what is most comfortable.
- **Jerseys:** Each team is required to provide and wear their own game jerseys.
- **Water:** Players should bring their own water and ice in a plastic water bottle. We will provide water on each field.

**In the event of inclement weather call
TripleEDGE WEATHER HOTLINE
1 (877) 392-6177 (toll free)**

The HOTLINE will ONLY be updated if there is a cancellation or postponement

Call BEFORE leaving for your game for any cancellation and/or postponement information

With the synthetic grass field games will be played "RAIN or SHINE" unless there are thunderstorms or heavy snow.

TripleEDGE Lacrosse Tournament Rules

The ICE BREAKER Tournament is designed to be a fun tune-up for players, coaches, parents, and the referees as we all prepare for the upcoming season. Let's all have a great day of good competition, good sportsmanship, and lacrosse fellowship.

ONLY REGISTERED PLAYERS MAY PARTICIPATE IN THE TOURNAMENT – NO EXCEPTIONS

GENERAL RULES – ALL AGE DIVISIONS

*AGE DIVISION specific rules are listed below on the next page

All divisions will play NVYLL modified NFHS Rules

ALL players MUST Check-In at the TripleEDGE Information Tent 30 minutes prior to their first game

- **FIGHTING WILL NOT BE TOLERATED!!** A player who STARTS a fight or RETALIATES will **BE EJECTED FROM THE TOURNAMENT--NO WARNINGS.**
- **UNSPORTSMANLIKE CONDUCT:** (taunting, cursing, or disrespect shown to players, coaches or game officials) will not be tolerated by Players, Coaches players or Spectators.. Disciplinary action is at the discretion of game official and TripleEDGE field staff and could result in suspension or ejection from a game or the tournament.
- **GAME CLOCK:** All games will be 25 minute RUNNING clock. 5 minutes between games. Game clock starts at scheduled game time – ALL games MUST start and end on time. ALL games will start and stop with a central horn between the two fields. Any team not on the field and ready to play within 1 minute after the horn will start the game defending a fast break.
- **PENALTIES:** Personal fouls will be time serving. Time serving Penalty enforcement is served while the ball is in play. STOP and START time is enforced for penalties while game time is a running clock.
- **NO HORNS:** All substitution is on-the-fly, even after goals. Good bench management is critical.
- **ALL Teams MUST provide a goalie**
- **NO TIME-OUTS**
- **FACE-OFFS:** Face-off to start the game only. After a goal, the scored-upon goalie will get possession and start on the official's whistle - goalie will be entitled to protection of crease for four seconds.
- **5 GOAL MARGIN:** When there is a 5-goal margin, after a goal by either team, the team trailing will be awarded the ball at midfield.
- **TIE BREAKER:** NO OVERTIME in the event of a tie after regulation. The win will be awarded to the team that scores the FIRST goal of the game.
- **EQUIPMENT.** All personal equipment rules are in effect for the Fall League, including, an NOCSAE approved helmet with 4-point chinstrap, shoulder pads, arm pads, gloves, athletic supporter with protective cup and a **MOUTHPIECE.** Check your equipment BEFORE you leave for the tournament.

Referees and TripleEDGE Field staff **WILL NOT ALLOW ANYONE TO PLAY** without all of the equipment. Required for their age group.

AGE GROUP SPECIFIC RULES

U-15 "A" and "B"

- **ADVANCEMENT:** Advancement of the ball rules shall be enforced. 20 seconds to cross midfield. 10 seconds to get it in the box after crossing midfield.
- **GOALIE EQUIPMENT:** Goalies may wear soccer style shin-guards under their socks or hard-plastic shin-guards (such as used in baseball and field hockey) over their socks. Goalies are required to wear shoulder pads. Goalies NOT required to wear arm pads – but are encouraged to do so.
- **BODY CHECKS:** Take-out body checks are permitted as long as the player uses reasonable force and no attempt to injure the opposing player is made. Body checks made with the intent to injure the opposing player or where unnecessary/excessive force is utilized are not permitted. Players are not permitted to lower their head while delivering a body check.

U-13 "A" and "B" Divisions

All rules are the same as U-15 "A" and "B" EXCEPT

- **ADVANCEMENT:** Advancement of the ball rules are not to be enforced.
- **GOALIE EQUIPMENT:** Goalies MUST wear arm pads.

U-11 "A"

All rules are the same as U-13 "A" and "B" EXCEPT

- **NO LONG STICKS:** All Stick lengths shall be between 36" - 42"
- **BODY CHECKS:** Upright Body checking is allowed however no take-out body checks (checks delivered to take out or put the other player on the ground) are permitted by any player.