



2010 TripleEDGE ICE BREAKER TOURNAMENT

Rules and Schedule

The ICE BREAKER Tournament is designed to be a fun tune-up for players, coaches, parents, and the referees as we all prepare for the upcoming season. Let's all have a great day of good competition, good sportsmanship, and lacrosse fellowship.

TOURNAMENT GENERAL RULES – ALL AGE DIVISIONS

*AGE DIVISION specific rules are listed below

All divisions will play NFHS and US Lacrosse Youth Council Rules

ALL Coaches and Players MUST Check-In at the TripleEDGE Information Tent 30 minutes prior to their first game

- **GAME CLOCK:** All games will be 25 minute RUNNING clock. 5 minutes between games. Game clock starts at scheduled game time – ALL games MUST start and end on time. ALL games will start and stop with a central horn between the two fields. Any team not on the field and ready to play within 1 minute after the horn will start the game defending a fast break.
- **PENALTIES:** Personal and technical time serving penalty enforcement is served while the ball is in play. STOP and START time is enforced for penalties while game time is a running clock.
- **NO HORNS:** All substitutions are “on-the-fly”, even after goals. Good bench management by coaches is critical.
- **ALL Teams MUST provide a goalie and goalie equipment**
- **NO TIME OUTS**
- **FACE-OFFS:** Face-off to start the game only. After a goal, the scored-upon team will get possession of the ball at goal line extended outside the box - start on the official's whistle
- **5 GOAL MARGIN:** When there is a 5-goal margin, after a goal by either team, the team trailing will be awarded the ball at midfield.
- **TIE BREAKER:** NO OVERTIME in the event of a tie after regulation. The win will be awarded to the team that scores the FIRST goal of the game.
- **EQUIPMENT.** All personal equipment rules are in effect for the Fall League, including, an NOCSAE approved helmet with 4-point chinstrap, shoulder pads, arm pads, gloves, and a **MOUTHPIECE**. Check your equipment BEFORE you leave for the tournament.
- **FIGHTING WILL NOT BE TOLERATED!!** A player who STARTS a fight or RETALIATES will **BE EJECTED FROM THE TOURNAMENT--NO WARNINGS.**
- **UNSPORTSMANLIKE CONDUCT:** (taunting, cursing, or disrespect shown to players, coaches or game officials) will not be tolerated by Players, Coaches or Spectators.. Disciplinary action is at the discretion of game official and TripleEDGE field staff and could result in suspension or ejection from a game or the tournament.

Referees and TripleEDGE Field staff **WILL NOT ALLOW ANYONE TO PLAY** without all of the equipment required for their age group.

ONLY PLAYERS LISTED ON OFFICIAL TEAM ROSTER MAY PARTICIPATE IN THE TOURNAMENT – NO EXCEPTIONS

2010 Ice Breaker Tournament Schedule

U-15 "A" and "B"
Sunday March 14

U-15 A Games highlighted in GREEN	U-15 B Games highlighted in GOLD
1 – Dulles South	6 - Bethesda
2 – West Loudoun	7 - Young Hawks
3 – Springfield	8 - South Western Youth
4 - Braddock Road	9 – TBD
5 – South Western Youth	

Game Time	Field 1	Field 2
1:00pm	6 v 7	8 v 9
1:30pm	1 v 2	3 v 4
2:00pm	7 v 9	6 v 8
2:30pm	4 v 5	1 v 3
3:00pm	6 v 9	7 v 8
3:30pm	3 v 5	2 v 4
4:00pm	U-15 B 1 st v 2 nd	U-15 B 3 rd v 4 th
4:30pm	1 v 4	2 v 5
5:15pm	1 v 5	2 v 3

Division Specific Rules – U-15 divisions will play NFHS and US Lacrosse Youth Council Rules as amended with the following additional exceptions:

- **Keep all parents on the opposite side of player area and away from the endlines.**
- Advancement of the ball rules shall be enforced.
- Goalie Penalty, in home to serve personal fouls to exclude unsportsmanlike or expulsion.
- Goalies may wear soccer style shin-guards under their socks or hard-plastic shin-guards (such as used in baseball and field hockey) over their socks. Goalies are required to wear shoulder pads and are encouraged to wear arm pads.
- Take-out body checks are permitted as long as the player uses reasonable force and no attempt to injure the opposing player is made. Body checks made with the intent to injure the opposing player is not permitted
- White or clear mouth protectors are permitted for the 2010 season.