



2010 TripleEDGE ICE BREAKER TOURNAMENT

Rules and Schedule

The ICE BREAKER Tournament is designed to be a fun tune-up for players, coaches, parents, and the referees as we all prepare for the upcoming season. Let's all have a great day of good competition, good sportsmanship, and lacrosse fellowship.

TOURNAMENT GENERAL RULES – ALL AGE DIVISIONS

*AGE DIVISION specific rules are listed below

All divisions will play NVYLL modified NFHS Rules

ALL Coaches and Players MUST Check-In at the TripleEDGE Information Tent 30 minutes prior to their first game

- **GAME CLOCK:** All games will be 25 minute RUNNING clock. 5 minutes between games. Game clock starts at scheduled game time – ALL games MUST start and end on time. ALL games will start and stop with a central horn between the two fields. Any team not on the field and ready to play within 1 minute after the horn will start the game defending a fast break.
- **PENALTIES:** Personal and technical time serving penalty enforcement is served while the ball is in play. STOP and START time is enforced for penalties while game time is a running clock.
- **NO HORNS:** All substitutions are “on-the-fly”, even after goals. Good bench management by coaches is critical.
- **ALL Teams MUST provide a goalie and goalie equipment**
- **NO TIME OUTS**
- **FACE-OFFS:** Face-off to start the game only. After a goal, the scored-upon team will get possession of the ball at goal line extended outside the box - start on the official's whistle
- **5 GOAL MARGIN:** When there is a 5-goal margin, after a goal by either team, the team trailing will be awarded the ball at midfield.
- **TIE BREAKER:** NO OVERTIME in the event of a tie after regulation. The win will be awarded to the team that scores the FIRST goal of the game.
- **EQUIPMENT.** All personal equipment rules are in effect for the Fall League, including, an NOCSAE approved helmet with 4-point chinstrap, shoulder pads, arm pads, gloves, and a **MOUTHPIECE**. Check your equipment BEFORE you leave for the tournament.
- **FIGHTING WILL NOT BE TOLERATED!!** A player who STARTS a fight or RETALIATES will **BE EJECTED FROM THE TOURNAMENT--NO WARNINGS.**
- **UNSPORTSMANLIKE CONDUCT:** (taunting, cursing, or disrespect shown to players, coaches or game officials) will not be tolerated by Players, Coaches or Spectators.. Disciplinary action is at the discretion of game official and TripleEDGE field staff and could result in suspension or ejection from a game or the tournament.

Referees and TripleEDGE Field staff **WILL NOT ALLOW ANYONE TO PLAY** without all of the equipment required for their age group.

ONLY PLAYERS LISTED ON OFFICIAL TEAM ROSTER MAY PARTICIPATE IN THE TOURNAMENT – NO EXCEPTIONS

2010 Ice Breaker Tournament Schedule

U-13 "A" and "B" U-11

Saturday March 13

U-13 A Games highlighted in BLUE	U-13 B Games highlighted in YELLOW	U-11 Games highlighted in ORANGE
1 - Springfield	9 - Young Hawks	14 - Dulles South
2 - Annandale	10 - Chantilly I (Dimitriades)	15 - W Loudoun
3 - Braddock Road	11 - Chantilly II (Tiss)	16 - Springfield
4 - Dulles South	12 - Falls Church	17 - Braddock Road
5 - Great Falls	13 - McLean	
6 - Alexandria		
7 - McLean		
8 - Ashburn		

Game Time	Field 1	Field 2
9:30am	14 v 15	16 v 17
10:00am	1 v 4	3 v 2
10:30am	15 v 17	14 v 16
11:00am	1 v 3	2 v 4
11:30am	14 v 17	15 v 16
12:00pm	1 v 2	3 v 4
12:30pm	U-11 1 st v 2 nd	U-11 3 rd v 4 th
1:00pm	1 v 5	2 v 6
1:30pm	3 v 7	4 v 8
2:00pm	9 v 10	11 v 12
2:30pm	5 v 6	7 v 8
3:00pm	12 v 13	9 v 11
3:30pm	5 v 7	6 v 8
4:00pm	11 v 13	10 v 12
4:30pm	5 v 8	6 v 7
5:00pm	9 v 12	10 v 13
5:45pm	9 v 13	11 v 10

Division Specific Rules - All divisions will play NVYLL modified NFHS Rules

U-13 DIVISIONS

All rules are the same as U-15 EXCEPT

- **ADVANCEMENT:** Advancement of the ball rules are not to be enforced.
- **GOALIE EQUIPMENT:** Goalies MUST wear arm pads.

U-11 DIVISIONS

All rules are the same as U-13 EXCEPT

- **STICK LENGTH** - Teams have the option to have up to but no more than 3 "long sticks" on the field. Long sticks must be between 42" and 60". All other stick lengths shall be between 36" - 42"
- **BODY CHECKS:** Upright Body checking is allowed. However no take-out body checks i.e.: checks delivered to take-out or put the other player on the ground are not permitted by any player.