



TripleEDGE Lacrosse 5th Annual ICE BREAKER Tournament

Welcome to the 2010 TripleEDGE ICE BREAKER Lacrosse Tournament. After the incredible winter I am sure you are looking forward to getting back on the lacrosse field. We thank all the Coaches, Parents, and Players who have made this event possible. We are looking forward to a great weekend of lacrosse.

GAMES WILL BE PLAYED RAIN OR SHINE

We are very pleased to be playing at the state of the art Old Redskins Park (Word of Grace Complex). The facility has two synthetic grass fields with lights.

Word of Grace Sports Complex 13832 Redskin Dr Chantilly , VA 20171 – Direction are on the website

The tournament serves as the on field certification for new PLOA officials. There will be a senior (mentor) referee and a PLOA observer/evaluator on each field. Parents and coaches please be supportive and patient with all officials. ALL games will be supervised by TripleEDGE adult field supervisors. If you have any comments or concerns, please speak to a TripleEDGE field supervisor.

It is very important that you arrive **at least 30 minutes early** for your first game. PLEASE be dressed (with all of your equipment on) at the proper field **at least 10 minutes before** each game time. ALL games WILL start and end on time.

- **Equipment:** All Players must provide and wear their own equipment.
TripleEDGE DOES NOT rent equipment for league or tournament play
All personal equipment rules are in effect for the ICE BREAKER Tournament, including, a NOCSAE approved helmet with 4point chinstrap, shoulder pads, arm pads, gloves, athletic supporter with protective cup and a **MOUTHPIECE**. Check your equipment **BEFORE** you leave for your games. (We will provide goalie equipment; chest protector, throat guard, and goalie stick if needed).
Referees and field staff will not allow you to play without all of the above equipment.
- **Shoes:** Players may wear football or soccer (all purpose) cleats or tennis shoes. The fields are state-of-the-art "pro-turf" artificial grass and play much like real grass. We recommend you bring both types of shoes and wear what is most comfortable.
- **Jerseys:** Each team is required to provide and wear their own game jerseys.
- **Water:** Players should bring their own water and ice in a plastic water bottle. We will provide water on each field.
- **Food and Drinks:** There will be a concession stand selling hot dogs, snacks and drinks. Teams are welcome to set up tailgate areas in the adjacent parking lots.

In the event of inclement weather call

TripleEDGE WEATHER HOTLINE

1 (877) 392-6177 (toll free)

The HOTLINE will ONLY be updated if there is a cancellation or postponement

Call BEFORE leaving for your game for any cancellation and/or postponement information

With the synthetic grass fields games will be played "RAIN or SHINE" unless there are thunderstorms or heavy snow.