

## TripleEDGE Lacrosse Tournament Rules and Schedules

The ICE BREAKER Tournament is designed to be a fun tune-up for players, coaches, parents, and the referees as we all prepare for the upcoming season. Let's all have a great day of good competition, good sportsmanship, and lacrosse fellowship.

**ONLY REGISTERED PLAYERS MAY PARTICIPATE IN THE TOURNAMENT – NO EXCEPTIONS**

Completed and signed Player Applications and waivers **MUST** be submitted at check-in

### GENERAL RULES – ALL AGE DIVISIONS

\*AGE DIVISION specific rules are listed below each schedule

All divisions will play NVYLL modified NFHS Rules

**ALL players MUST Check-In at the TripleEDGE Information Tent 30 minutes prior to their first game**

- **FIGHTING WILL NOT BE TOLERATED!!** A player who STARTS a fight or RETALIATES will **BE EJECTED FROM THE TOURNAMENT--NO WARNINGS.**
- **UNSPORTSMANLIKE CONDUCT:** (taunting, cursing, or disrespect shown to players, coaches or game officials) will not be tolerated by Players, Coaches or Spectators.. Disciplinary action is at the discretion of game official and TripleEDGE field staff and could result in suspension or ejection from a game or the tournament.
- **GAME CLOCK:** All games will be 25 minute RUNNING clock. 5 minutes between games. Game clock starts at scheduled game time – ALL games MUST start and end on time. ALL games will start and stop with a central horn between the two fields. Any team not on the field and ready to play within 1 minute after the horn will start the game defending a fast break. \*See U-15 game times
- **PENALTIES:** Personal fouls will be time serving. Time serving Penalty enforcement is served while the ball is in play. STOP and START time is enforced for penalties while game time is a running clock.
- **NO HORNS:** All substitution is on-the-fly, even after goals. Good bench management is critical.
- **ALL Teams MUST provide a goalie**
- **NO Time-outs**
- **FACE-OFFS:** Face-off to start the game only. After a goal, the scored-upon goalie will get possession and start on the official's whistle - goalie will be entitled to protection of crease for four seconds.
- **5 GOAL MARGIN:** When there is a 5-goal margin, after a goal by either team, the team trailing will be awarded the ball at midfield.
- **TIE BREAKER:** NO OVERTIME in the event of a tie after regulation. The win will be awarded to the team that scores the FIRST goal of the game.
- **EQUIPMENT.** All personal equipment rules are in effect for the Fall League, including, an NOCSAE approved helmet with 4-point chinstrap, shoulder pads, arm pads, gloves, athletic supporter with protective cup and a **MOUTHPIECE.** Check your equipment BEFORE you leave for the tournament.

Referees and TripleEDGE Field staff **WILL NOT ALLOW ANYONE TO PLAY** without all of the equipment required for their age group.

**Scroll down to the bottom of this page for additional important information**

**2009 Ice Breaker Tournament Schedule U-15 "A" and "B"**  
**Saturday March 14**

**ALL players MUST check-in at the TripleEDGE tent at least 30 minutes prior to their first game**

<b>U-15 A</b>	
Games highlighted in TAN	
1 - Annandale B&G	
2 - Prince William	
3 - Springfield	
4 - Ashburn	
<b>U-15 B</b>	
Games highlighted in TAN	
5 - Manassas	
6 - Chantilly	
7 - Bethesda	
8 - Justice	

All games will be two twenty five minute HALVES (running clock)  
 The length of games were doubled to accommodate PLOA referee certification

Each team will play all teams in their divisions (three games).  
 The match-ups for the final game will be determined by each team's divisional record.

<b>Game Time</b>	<b>Field 1</b>	<b>Score</b>	<b>Field 2</b>	<b>Score</b>
<b>10:00</b>	1 v 3		2 v 4	
<b>11:00</b>	5 v 7		6 v 8	
<b>12:00</b>	1 v 4		3 v 2	
<b>1:00</b>	5 v 8		6 v 7	
<b>2:00</b>	1 v 2		3 v 4	
<b>3:00</b>	5 v 6		7 v 8	
<b>4:00</b>	U-15A 4th seed v U-15A 3rd seed		U-15A 1st seed v U-15A 2nd seed	
<b>5:00</b>	U-15B 4th seed v U-15B 3rd seed		U-15B 1st seed v U-15B 2nd seed	

**U-15 "A" Rules** – NFHS rules with youth modifications

- **ADVANCEMENT:** Advancement of the ball rules shall be enforced. 20 seconds to cross midfield. 10 seconds to get it in the box after crossing midfield.
- **GOALIE EQUIPMENT:** Goalies may wear soccer style shin-guards under their socks or hard-plastic shin-guards (such as used in baseball and field hockey) over their socks. Goalies are required to wear shoulder pads. Goalies NOT required to wear arm pads – but are encouraged to do so.
- **BODY CHECKS:** Take-out body checks are permitted as long as the player uses reasonable force and no attempt to injure the opposing player is made. Body checks made with the intent to injure the opposing player or when unnecessary or with excessive force is utilized are not permitted. Players are not permitted to lower their head while delivering a body check.
- **U-15 ONLY:** One 30 second time out per game.

**2009 Ice Breaker Tournament Schedule U-11 "A" and U-13 "B"**  
**Sunday March 15**

ALL players MUST check-in at the TripleEDGE tent at least 30 minutes prior to their first game

U-13 A Games highlighted in BLUE	U-13 B Games highlighted in YELLOW	U-11 Games highlighted in Orange
1 - Springfield	7 - Braddock Road	11 - Springfield
2 - Chantilly	8 - Chantilly	12 - Chantilly
3 - Annandale	9 - Manassas	Due to teams cancelling at the last minute U-11 will play 2 games
4 - Manassas	10 - Springfield	
5 - Braddock Road		
6 - Prince William		

Game Time	Field 1	Score	Field 2	Score
1:00	1 v 2		3 v 4	
1:30	5 v 6		11 v 12	
2:00	9 v 10		7 v 8	
2:30	1 v 3		2 v 6	
3:00	5 v 4		11 v 12	
3:30	8 v 10		7 v 9	
4:00	4 v 2		1 v 6	
4:30	3 v 5		7 v 10	
5:00	4 v 1		9 v 8	
5:30	5 v 2		6 v 3	
6:00	U-13 B 1st seed v U-13 B 2nd seed		U-13 B 3rd seed v U-13 B 4th seed	

All games will be 25 minutes (running clock)

**Division Specific rules NFHS rules with youth modifications**

**U-13 "B" Divisions**

All rules are the same as U-15 "A" EXCEPT

- **ADVANCEMENT:** Advancement of the ball rules are not to be enforced.
- **GOALIE EQUIPMENT:** Goalies MUST wear arm pads.

**U-11**

All rules are the same as U-13 "B" EXCEPT

- **BODY CHECKS:** Upright Body checking is allowed however no take-out body checks (checks delivered to take out or put the other player on the ground) are permitted by any player.

## TripleEDGE Lacrosse 4th Annual ICE BREAKER Tournament

**Please PRINT and READ this entire letter for important information and rules**

Welcome to the 2009 TripleEDGE ICE BREAKER Lacrosse Tournament. Twenty teams will be playing in the event. Thank you to all the Coaches, Parents, and Players who have made this event possible. We are looking forward to a great weekend of lacrosse.

**This confirmation package is for registered players ONLY – If you are not registered please do so.**

We are very pleased to be playing at the state of the art Old Redskins Park (Word of Grace Complex). The facility has two synthetic grass fields with lights.

**ONLY REGISTERED PLAYERS MAY PARTICIPATE IN THE TOURNAMENT – NO EXCEPTIONS**

Completed and signed Player Applications and waivers **MUST** be submitted at check-in

The tournament serves as the on field certification for new PLOA officials. There will be a senior (mentor) referee and a PLOA observer/evaluator on each field. Parents and coaches please be supportive and patient with all officials. ALL games will be supervised by TripleEDGE adult field supervisors. If you have any comments or concerns, please speak to a TripleEDGE field supervisor.

It is very important that you arrive **at least 30 minutes early** for your first game. ALL players **MUST** check-in at the TripleEDGE tent prior to the first game. Your team will be briefed on the day's events and review the tournament rules of play. Throughout the tournament, **PLEASE** be dressed (with all of your equipment on) at the proper field **at least 15 minutes before** your game time. ALL games **WILL** start and end on time.

- **Equipment:** All Players must provide and wear their own equipment.  
**TripleEDGE DOES NOT rent equipment for league or tournament play**  
All personal equipment rules are in effect for the ICE BREAKER Tournament, including, a NOCSAE approved helmet with 4point chinstrap, shoulder pads, arm pads, gloves, athletic supporter with protective cup and a **MOUTHPIECE**. Check your equipment **BEFORE** you leave for your games. (We will provide goalie equipment; chest protector, throat guard, and goalie stick if needed).  
**Referees and field staff will not allow you to play without all of the above equipment.**
- **Shoes:** Players may wear football or soccer (all purpose) cleats or tennis shoes. The fields are state-of-the- art "pro-turf" artificial grass and play much like real grass. We recommend you bring both types of shoes and wear what is most comfortable.
- **Jerseys:** Each team is required to provide and wear their own game jerseys.
- **Water:** Players should bring their own water and ice in a plastic water bottle. We will provide water on each field.

**In the event of inclement weather call**

**TripleEDGE WEATHER HOTLINE**

**1 (877) 392-6177 (toll free)**

**The HOTLINE will ONLY be updated if there is a cancellation or postponement**

Call **BEFORE** leaving for your game for any cancellation and/or postponement information

**With the synthetic grass fields games will be played "RAIN or SHINE" unless there are thunderstorms or heavy snow.**